

Durham Blue Coat C. E. Aided Junior School

Langley Road

Durham

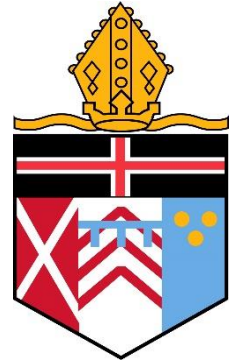
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Head Teacher: Mrs L Grieve



9th February 2026

Sickness/Norovirus Outbreak

Dear Parent/Carer,

I am writing to inform you that there is an increase in the number of pupils at school with diarrhoea and vomiting consistent with Norovirus/viral gastroenteritis.

Symptoms of norovirus include vomiting, diarrhoea, abdominal cramps, headache and fever.

Norovirus is very infectious. If your child develops any of these symptoms, and to prevent further cases in school, we would ask you to keep your child at home for at least 48 hours after **all** symptoms have completely stopped. This is national guidance supported by Public Health England and our local Community Infection Prevention and Control team.

There is no specific treatment for norovirus, however it is important to encourage your child to drink plenty of fluids to prevent dehydration, and ensure all your family and visitors to your home are able to wash their hands with soap (preferably liquid soap) and water to help prevent the spread of infection. Alcohol based hand sanitisers do not kill norovirus.

We will be encouraging frequent handwashing in school and will be regularly cleaning touchpoints and surfaces throughout the day to try and limit the spread.

If you are concerned about your child and symptoms do not seem to be settling, please telephone your GP or NHS Direct on 111.

We will continue to monitor the situation. Thank you for your support.

Yours sincerely,

L Grieve

Mrs L Grieve
Headteacher



