

PE Curriculum Map 2026 – 2027

	Autumn	Autumn	Spring	Spring	Summer	Summer
Year 3 and 4	Games sense and netball - Develop passing and receiving - Create space - Develop passing and moving - Introduce attacking and defending <i>What skills do we need to be able to work as a team?</i>	Dance : cats - Respond to stimuli - Develop and extend sequences - Show relationships and link dance moves <i>How do we show courage when our bodies try a completely new movement or balance for the first time?</i>	Gymnastics : levels and directions - Explore changes in levels - Explore changes in direction - Apply learning onto apparatus - Perform complete sequence - <i>Can a movement be "wrong" if it still safely gets you to where you need to be?</i>	Orienteering - Point and return courses - Cone orienteering - Timed course <i>How does wisdom play a role in knowing which direction to take?</i>	Athletics : Running - Explore running for speed - Explore acceleration - Use arms to assist efficient running <i>How can making a mistake make you better?</i>	Rounders - Develop fielding and bowling with a backstop - Introduce underarm - Introduce and develop batting - Apply basic tactics <i>Where does the joy come from when we play a sport, even if we don't win the race or the match?</i>

Year 5	Football - Refine dribbling and passing to maintain possession - Introduce and develop defending and shooting - Refine attacking skills <i>In what ways does playing a sport outdoors connect us to the world around us differently than playing indoors?</i>	Dance : Street Art - Use a variety of movements - Explore concepts and relationships <i>How can encouraging and supporting our peers unlock possibilities in them that they didn't know they had?</i>	Gymnastics : counter balance and counter tension - Introduce counter balance and counter tension - Apply it on apparatus - Form and perform a complete sequence <i>Where does movement begin - the heart, the brain, the muscles?</i>	Tennis - Develop the forehand - Introduce and develop the volley - Use space to win a point - Control the game from the serve <i>What's the difference between knowing when to keep going and knowing when to rest?</i>	Athletics : Running - Finish a race strong - Apply accurate technique <i>If you improve your own time but finish last in the race, did you win or lose? Why?</i>	Cricket - Refine batting, bowling and fielding tactics - Refine - Catching and throwing - Apply tactics - Use scoring system <i>What makes a great leader on the field? Is it being the loudest, or the most observant?</i>
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Year 6	Netball - Understand and apply tactics to games <i>Can a team of average players who work together beat a team of superstars who play alone? How?</i>	Dance : Indian Delight - Perform with technical control - Create rhythmic patterns - Experience dance from different cultures <i>What is the difference between moving with total control and moving with total freedom? Can you have both at the same time?</i>	Gymnastics : creating sequences - Challenge creativity - Develop sequences - Perform a sequence with control <i>How does moving our bodies change the way we feel on the inside?</i>	Badminton - Understand and apply tactics to win a point - Outwit an opponent <i>Who really controls a game or a match—the rules, the players, or the environment?</i>	Athletics : throwing and jumping - Throwing - Jumping Your mind often tells you to stop before your body actually needs to. <i>How do we train our minds to think past our comfort zones?</i>	Rounders - Consolidate fielding tactics - Batting considerations - Refine understanding of the game <i>If you could reinvent one sport by combining it with another discipline (e.g., Gymnastics-Orienteering), what would the new rules be, and what new skills would it require?</i>
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